



## Dulux Race to the King – Event Information 17<sup>th</sup> and 18<sup>th</sup> June 2023

This is a follow-up event notification for the Dulux Race to the King event taking place in June this year.

### Overview

Dulux Race to the King is a 100km 2-day or 1-day figure of eight course which starts and finish at Goodwood Racecourse. Participants will trek along the coastal path of Chichester Harbour AONB, through the picturesque ancient village of Bosham and up to Kingley Vale Nature Reserve. The second half of the route runs along the River Arun, past Arundel Castle, before heading to the South Downs.

The event is a public participation ultra-marathon for approximately 1,500 people, many of whom are raising money for a collection of charities. The event website with further key information and details can be found [here](#).

### The organisers

The event is delivered by Threshold Sports, who are a reputable organisation with a wealth of experience in organising events. Threshold are the company behind other well-known events such as the high profile Sport Relief Challenges (Zoe Ball – Hard Road Home, David Walliams Thames Swim and others).

### The event dates/ timings

- Start: Saturday 17<sup>th</sup> June | 06:30 – Goodwood Racecourse
- Finish: Sunday 18<sup>th</sup> June | 20:00 – Goodwood Racecourse

### The route

- **Distance:** 64-mile ultra-marathon around the south coast. The full route can be accessed [here](#).
- **Trail:** A circular double-marathon that ranges the South Downs Way, Chichester Harbour, and Arundel Castle. Most of the route will be on public footpaths with some sections veering onto quieter roads. There will be 7 pit stops on the route with food, water, and sports nutrition at each.
- **Signage:** The route team will be erecting small red/white arrows and warning signs along the route from Thursday 15<sup>th</sup> June, for the participants to navigate. These will be removed by the back-marker route team as soon as the last walker is through – therefore all signage will be removed by the evening of Sunday 18<sup>th</sup> June.



## The participants

- **Non-stop:** Majority of entrants do the route non-stop running or walking, taking between 7 and 36 hours to complete.
- **Two days:** Do the route in two days, stay overnight at Goodwood Racecourse.
- **Etiquette:** All participants will have been briefed in appropriate etiquette and behaviour on the trail, including shutting all gates behind them. The back-marker route team will ensure all gates are closed and there is no trace of litter.
- **Small groups:** All participants will be passing along the route in small groups so should not cause any inconvenience – however, please be aware that during this weekend there will be an increase in foot traffic on the trail.

## Approvals/ permissions

- Approval/ permission granted from event venues, National Trust, National Trails and all other key stakeholders.
- Follow strict H&S protocols including risk assessments and briefings (including use of an independent H&S advisor) and hold relevant company insurances.

I hope you are happy to support this event but if you have any further questions or would like to discuss our plans in more detail my contact details are below.

Many thanks for your support in advance,

*N. Addison*

**Natasha Addison**

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