



 **ST NICHOLAS
ARUNDEL**

**DO YOU NEED
FOOD, ESSENTIALS,
SUPPORT &
PHONE FRIENDSHIP
DURING THE
CORONAVIRUS
OUTBREAK?**

**WE ARE HERE TO
HELP YOU.**

**“Arundel people always
rally round in a crisis.”**

Arundel Town Council, St. Nicholas Parish Church and many other Arundel organisations are joining forces to support those in need.

You are not alone.



**We are here to help
ALL Arundel residents
across the community.**

PLEASE GET IN TOUCH

**CALL THE PARISH OFFICE
01903 882262**

Tue - Fri: 9.30am - 3.00pm

EMAIL US

office@stnicholas-arundel.co.uk

**IN CASE OF EMERGENCY
OR URGENT NEED**

Contact me at any time:

T: 01903 885209

E: vicar@stnicholas-arundel.co.uk

Dear Fellow Resident,

The outbreak of the coronavirus means that all of us are living through difficult, worrying and challenging times. For a while ordinary life has been put on hold. Yet our needs continue - food, toiletries, medication, friendship and support. Fortunately, the good people of Arundel are rallying round and I've heard no end of examples of neighbours looking out for one another.

However, there's a chance that some people might be left isolated and running low on essential supplies. For this reason, your Parish Church, working closely with our Town Council, stands ready and willing to help. We have a team of trained pastoral visitors who have been through the official vetting provided by the DBS ("Disclosure and Barring Service") process who are ready and willing to offer **support and companionship over the telephone**. We also have lots of volunteers who have offered to **collect and deliver essential supplies (e.g. food, medication)** for those who need help.

In short, if you're in need, whatever you need, we're here to help if we possibly can.

Canon David Twinley
Vicar of Arundel



Dear Fellow Resident,

We may yet be some weeks away from feeling the full brunt of the coronavirus outbreak in Arundel. So, now is the time to prepare our volunteer group. If you can volunteer time when your town needs it please get in touch.

Volunteers may be called on to, for example:

- Deliver food or medication
- Take post
- Offer phone support to housebound fellow residents
- We may also need dog walkers.

In recent days, many individuals, organisations and businesses have come forward to offer their help for our community. Thank you to the many people who have already contacted us. What a great community we live in!

Thank you,
Arundel Town Council

CAN YOU VOLUNTEER?

**SEND YOUR NAME AND
CONTACT DETAILS TO:**

MarkPhillips@arundeltowncouncil.gov.uk

Please write 'Volunteer' in the subject line.

Or call the Parish Office on:
01903 882262

**FOR THE LATEST UPDATES
FROM THE TOWN COUNCIL**

Visit:
arundeltowncouncil.gov.uk

and sign up to the Arundel
Community Network:
www.arundeltowncouncil.gov.uk/acn/





YOU CAN ALSO CALL:

Food Services

Larkins and Hillside Stores (Mace Express) will take telephone orders for collection by a friend or volunteer.

Larkins: 01903 883694

Hillside Stores (Mace Express): 01903 883344

Pallants will take telephone orders and deliver
Pallants: 01903 882288

The **Co-op** will have extra staff to cope with the demand and will stay open for their usual hours.

They will give special help to elderly or vulnerable residents, for whom some goods will be set aside. Best time to shop will be Saturday 9-10am, Sunday 10-11am.

They encourage residents to visit **www.co-operate.coop.co.uk** for information on how you can help your local community during this time.

Age UK West Sussex, Brighton and Hove

Are you self-isolating and need support? Are you worried about an older friend or family member during this time?

T: 01903 731800

E: information@ageukwestsussex.org.uk

Crossroads Care South Central

A leading charity providing support to carers. If you care for a relative or friend who is ill, frail or disabled, and you fall ill, please contact Crossroads Care for advice, information and help.

T: 01903 790270

E: admin@crossroadscare-sc.org

Books & Jigsaws

The Sussex Snowdrop Trust will lend books and jigsaws to people who are self-isolating or cannot get out. They can drop them on your doorstep in Arundel.

T: 01243 572433

E: office@snowdroptrust.com

The Book Ferret bookshop will deliver books to people who cannot get out.

T: 01903 885727

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